

5+5 Gargano - Puglia 2024

Vieste, Foresta Umbra, Vico del Gargano & Peschici



Bulletin 2

v2(26.09.24)

Enjoy one of the best orienteering areas in Italy for orienteering: Gargano: Week 40, week 41 will take place in the extraordinary region Puglia.

The races will offer a mix of forest and urban stages to discover all the beauties that the area has to offer.

The event is a perfect mix of orienteering and holiday with the possibility to explore and have a taste of local food, wine and culture

PROGRAM WEEK 40

30.09 Stage 1 - Night Sprint orienteering in Vieste (first start 18:00)

01.10 Stage 2 - Long distance in Foresta Umbra (first start 11:00)

02.10 Stage 3 - Middle distance in Foresta Umbra (first start 11:00)

03.10 Stage 4 - Sprint distance in Vico del Gargano (first start 11:00)

04.10 Stage 5 - Sprint distance orienteering in Peschici (first start 11:00)

overall price giving and party after the race in Peschici



PROGRAM WEEK 41

07.10 Stage 1 - Night Sprint orienteering in Vieste (first start 18:00)

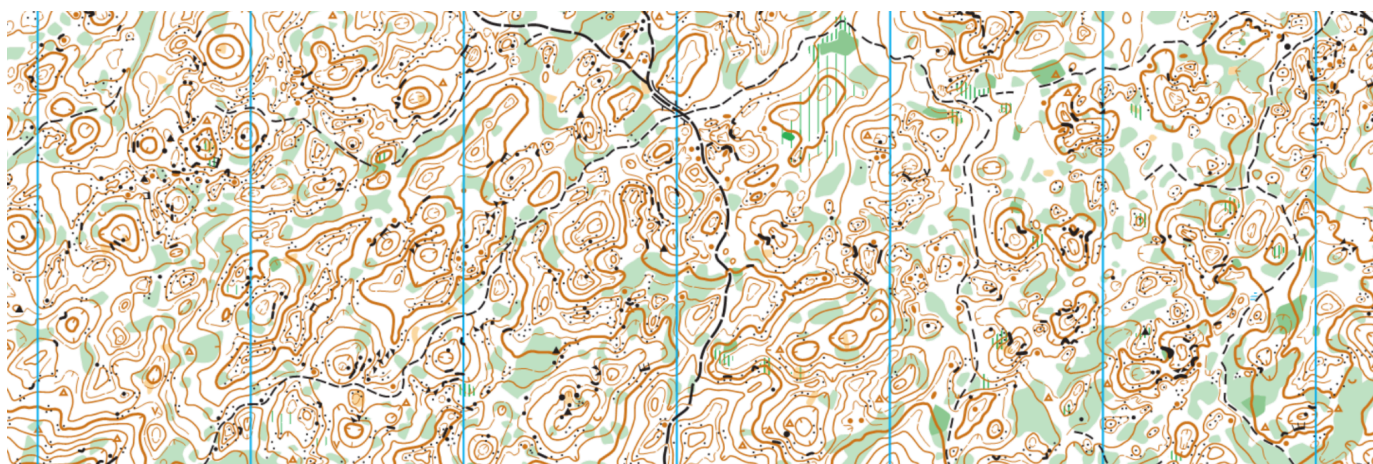
08.10 Stage 2 - Long distance in Foresta Umbra (first start 11:00)

09.10 Stage 3 - Middle distance in Foresta Umbra (first start 11:00)

10.10 Stage 4 - Sprint distance in Vico del Gargano (first start 11:00)

11.10 Stage 5 - Sprint distance in Peschici (first start 11:00)

overall price giving and party after the race in Peschici



Course lengths WEEK 40

Class	STAGE 1	STAGE 2	STAGE 3	STAGE 4	STAGE 5
M21	2.9km / 80m	6.5km / 240m	4.6km / 170m	2.2km / 70m	2.1km / 55m
W21/ M40/ Open Long	2.9km / 80m	6.5km / 240m	4.4km / 130m	2.2km / 70m	2.1km / 55m
M50/W40	2.1km/ 70m	5.3km / 215m	4.0km / 100m	1.9km / 65m	1.7km / 50m
MW16/ W50/ MW60 / Open Middle	1.9km / 60m	4.0km / 175m	3.4km / 95m	1.1km / 60m	1.5km / 40m
MW80/MW70	1.5km / 45m	2.9km / 85m	2.0km / 55m	1.0km / 45m	1.0km / 30m
MW10/MW12/Open Short /Schools	1.0km / 35m	1.2km / 20m	1.3km / 15m	0.9km / 15m	0.7km / 15m

*M 20 and W20 have been merged with M21 and W21 due to the low participation on the class.

Control description

Control description will be always on the map and at the start of WRE event only for M/W 21

Maps

Maps are printed on water resistant paper. No plastic bags are available

STAGE 1 - Night sprint in Vieste (week 40)

Arena and Finish: in front of Cinema Adriatico. [Google maps link HERE](#)

Open start from 18:00 to 19:30 (start with punch-go system, no startlists)

Start is located 300m from the finish

Terrain: 95% urban paved terrain with some narrow stairs. 5% park. Running shoes are advised

Map scale: 1:3000/ 2,5m for all classes

STAGE 2 - Long distance in Foresta Umbra (week 40)

Arena and Finish: at cutino d'umbra. [Google maps link HERE](#)

Open start from 11:00 to 12:30 (start with punch-go system, no startlists)

Start is located 1km from the finish

Terrain: karst forest terrain, orienteering shoes with good grip are advised

Map scale: 1:7500/ 5m for all classes

STAGE 3 - WRE Middle distance in Foresta Umbra (week 40)

Arena and Finish: at cutino d'umbra. [Google maps link HERE](#)

Open start from 11:00 to 12:30 (start with punch-go system, no startlists)

Start is located 800m from the finish

Terrain: karst forest terrain, orienteering shoes with good grip are advised

Map scale: 1:10000 for MW21 1:7500/ 5m for all other classes

STAGE 4 - Sprint in Vico del Gargano(week 40)

Arena and Finish: in front of Comune di Vico. [Google maps link HERE](#)

Open start from 11:00 to 12:30 (start with punch-go system, no startlists)

Start is located 300m from the finish

Terrain: all the race is on urban paved terrain with some narrow stairs

Map scale: 1:3000/ 2,5m for all classes

STAGE 5 - Sprint in Peschici (week 40)

Arena and Finish: Finish: in front of Comune di Peschici. [Google maps link HERE](#)

Open start from 11:00 to 12:30 (start with punch-go system, no startlists)

Start is located 200m from the finish

Terrain: all the race is on urban paved terrain with some narrow stairs

Map scale: 1:3000/ 2,5m for all classes

Price giving ceremony: after the race at the arena



Course lengths WEEK 41

Class	STAGE 1	STAGE 2	STAGE 3	STAGE 4	STAGE 5
MW21/ M40/ Open Long	2.0km /75m	6.3km / 230m	4.1km / 120m	2.1km / 70m	2.1km / 55m
M50/W40	1.6km / 55m	5.7km / 205m	3.8km / 100m	1.9km / 65m	1.8km / 50m
MW16/ W50/ MW60 / Open Middle	1.4km /50m	4.4km / 160m	3.1km / 100m	1.1km / 60m	1.7km / 45
MW80/MW70	1.0km /40m	2.3km / 95m	2.2km / 70m	1.0 / 45m	1.3km / 30m
MW10/MW12/Open Short /Schools	0.9km /15m	1.1km / 20m	1.2km /20m	0.9 / 15m	0.7km / 15m

*M 20 and W20 have been merged with M21 and W21 due to the low participation on the class.

STAGE 1 - Night sprint in Vieste (week 41)

Arena and Finish: in front of Cinema Adriatico. [Google maps link HERE](#)
 Open start from **19:00 to 20:00** start with punch-go system, no startlists)
 Start is located 300m from the finish

Terrain: 95% urban paved terrain with some narrow stairs. 5% park. Running shoes are advised

Map scale: 1:3000/ 2,5m for all classes

STAGE 2 - Long distance in Foresta Umbra (week 41)

Arena and Finish: at cutino d'umbra. [Google maps link HERE](#)
 Open start from 11:00 to 12:00
 Start is located 1km from the finish

Terrain: karst forest terrain, orienteering shoes with good grip are advised
 Map scale: 1:7500/ 5m for all classes

STAGE 3 - Middle distance in Foresta Umbra (week 41)

Arena and Finish: at cutino d'umbra. [Google maps link HERE](#)
 Open start from 11:00 to 12:00 (start with punch-go system, no startlists)
 Start is located 300m from the finish
 Terrain: Open forest with some slopes. orienteering shoes are advised

Map scale: 1:7500/ 5m for all classes

STAGE 4 - Sprint in Vico del Gargano(week 41)

Arena and Finish: in front of Comune di Vico. [Google maps link HERE](#)
Open start from 11:00 to 12:00 (start with punch-go system, no startlists)
Start is located 300m from the finish

Terrain: all the race is on urban paved terrain with some narrow stairs
Map scale: 1:3000/ 2,5m for all classes

STAGE 5 - Sprint in Peschici (week 41)

Arena and Finish: Finish: in front of Comune di Peschici. [Google maps link HERE](#)
Open start from 11:00 to 12:00 (start with punch-go system, no startlists)
Start is located 200m from the finish

Terrain: all the race is on urban paved terrain with some narrow stairs
Map scale: 1:3000/ 2,5m for all classes

Price giving ceremony: after the race at the arena

Join us for a full immersion on the tastes and flavours of Gargano with olive oil and wine taste tours.

Olive Oil Tasting with tour of the production facilities

Tuesday 1 October

at the "le Fronde" farmhouse, 5:00 pm
<https://lefrondevieste.it/>

Tuesday 8 October

at the "Olio della Valle" company, 5:00 pm
<https://oliodellavalle.it/>

Wine tasting tour

Thursday 3 October

at the Mandrione estate, 5:00 pm
<https://www.tenutemandrione.it/>

Thursday 10 October

at the "tenuta Padre Pio" , 5:00 pm
<https://www.tenutapadrepio.com/>

Entries for the olive oil and wine taste will be done at the secretary office at the race arena



Contact details

Secretary pwt@orienteering.it & info@orienteering.it

Organising team: Park World Tour Italia

Event Manager: Gabriele Viale

Logistics and Arenas: Mauro Gazzero

Local contact: Dario Carlino & Nicolino Sciscio

Secretary: Mara Pegoretti

WRE Technical advisor: Giuseppe Simoni

Courses and Bulletins: CT Quest AS

Map printing: Giuseppe Simoni

IT: Francesco D'anisi & Jessica Lucchetta